

## Will my information be kept confidential?



Confidentiality is very important to us. The information you provide will only be shared with the relevant professionals. This will be explained to you in more detail at your appointment.

## How can I give feedback on the service I receive?

If you want to give us some feedback, go to:

[www.yorkshireandhumberfcamhs.co.uk](http://www.yorkshireandhumberfcamhs.co.uk)

or you can ask one of our team for a form to complete.

# What is Yorkshire and Humber Forensic CAMHS?



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Yorkshire and Humber Forensic Child and Adolescent Mental Health Service is an NHS service that helps young people who are displaying behaviours that may be putting others at risk.

## Why have I been referred to you?

You might be referred to us if you have been seen by the Police, if you're in contact with the Youth Justice System, or if you're at risk of entering it. You may also be referred to us by a professional who is currently involved in your care, if they're concerned about you, or if someone is worried about your risk to others.



## What happens next?

A professional working with you might come to us for advice on the best way to support you.

In some cases, you may be asked to come and meet with someone from our team. This meeting will be carried out in a place where you feel safe and comfortable.

We'll talk with you about the reasons why you have been referred to our team, and think about how we, or other people, can help you.

We may talk about some of your previous or current life experiences; we'll do this in a sensitive and understanding way to make sure you feel comfortable.

## Who might I see?



Our team is made up of nurses, doctors, psychologists and social workers.

It may be that you meet with us alongside someone you already know well, such as your CAMHS practitioner, youth offending team manager or social worker.

## What if I don't want to attend the appointment?

We hope that you'll agree to attend the appointment with us. We try to offer appointments where you feel most safe and comfortable. At the appointment we can discuss any worries or concerns you might have. If you really don't want to attend the appointment, please speak to one of the professionals who works with you.



## What happens after the appointment?

You may need several appointments with the team before we have enough information to complete an accurate assessment.

When we've done this, we'll share this with you and the professionals working with you.

We'll discuss different approaches available to meet your needs, and we'll always take your own wishes into account.