

# <u>City of York Children Safeguarding Partnership (CYSCP) Training</u> Brochure

The CYSCP provides multi-agency training for all professionals and volunteers working with children within the City of York area. The CYSCP Training, Learning and Development Strategy sets out how CYSCP delivers and evaluates training and learning and can be found on the CYSCP Multi-Agency Training webpage. The CYSCP also disseminate learning from serious case reviews and audits and this information can be found on the CYSCP Learning and Development webpage.

Our offer centres on our 'Core' Safeguarding training, but also covers other elements:



# **CYSCP Core Training**

Staff Groups: 1 - 8\* City of York Safeguarding Health Staff: Intercollegiate Guidance Children Awareness E-Police Staff: relevant for front facing roles learning Staff Groups: 1 - 8\* Health Staff: Intercollegiate Guidance Safeguarding Children Working Together A Police Staff: relevant for PCSOs, NPTs and Response roles Safeguarding Children: Shared Staff Groups: 1 - 8\* Health Staff: Collegiate Guidance Level 3 Responsibilities and Police Staff: Role dependent Procedures - Working Education Staff: Designated Safeguarding Together B Leads

## Staff groups\* - based on those described in Working Together to Safeguard Children 2010

#### \*All health staff should refer to their own organisations training strategy/policy.

Group 1	Group 4
Staff in infrequent contact with children, young people and/or parents/carers who may become aware of possible abuse or neglect. For example, librarians, community advice centre staff, groundsmen, recreation assistants, environmental health officers.	Members of the workforce who have particular responsibilities in relation to undertaking section 47 enquiries, including professionals from education, police and children's social care; those who work with complex cases and social work staff responsible for co-ordinating assessments of children in need.
Group 2	Group 5
Those in regular contact or have a period of intense but irregular contact, with children, young people and/or parents/carers including, who may be in a position to identify concerns about maltreatment,	Professional safeguarding children advisors, named and designated lead professionals
including those that may arise from the use of the Common	Group 6
Assessment Framework. For example, housing, Youth Offending Teams and staff in secure settings, the police other than those in specialist child protection roles, sports development officers, disability specialists, faith	Operational managers at all levels including: practice supervisors; front line managers and managers of child protection units.
groups, community youth groups, play scheme volunteers.	Group 7
Group 3	Senior managers responsible for the strategic management of service
Members of the workforce who work predominantly with children,	Group 8
young people and/or their parents/carers and who could potentially contribute to assessing, planning, intervening and reviewing the needs of a child and parenting capacity where there are safeguarding concerns. For example, youth workers, those working in the early years sector, residential staff, teachers, probation staff, sports club welfare officers, those working with adults in, for example, learning disability, alcohol and drug misuse services, those working in community play schemes.	Members of the LSCB including: Board members, Independent chair, Directors of Children's Services, Elected member, Lay member, Members of executive and sub/task groups, Business support team, Inter-agency trainers

If you are new to working with children and young people then the CYSCP core offer will progress your safeguarding knowledge from a basic understanding and awareness of abuse and neglect to developing the knowledge, skills and abilities to strengthen effective multi agencies working in York.

# City of York Safeguarding Children Partnership (CYSCP) Awareness E-learning

### Who is the course for?

This course is aimed for individuals in organisations and voluntary groups who work with children and young people, families or adults who may be parents and/or carers, in York.

## Learning objectives

After completing the course you will:

- Be able to identify the signs and indicators of possible abuse and neglect
- Be able to explain and demonstrate what to do if:
  - o a child or young person makes a disclosure to you
  - you have a concern about a child or young person or about someone who works with children and young people
- Be able to explain how to make a referral to the Multi-Agency Safeguarding Hub (MASH) in York.

## **Delivery:**

CYSCP E-Learning Platform

## Charge:

## £15 per person

This includes all schools and education settings, all early years providers, voluntary sector, private organisations and members of the public. Some organisations are able to access the course free of charge and a list of these are available on the <a href="CYSCP Multi-Agency Training webpage">CYSCP Multi-Agency Training webpage</a>.

#### Course content advice

Please be aware that this course covers themes which some people may find upsetting. If you are undertaking this course or you are a manager asking an employee or volunteer to undertake this course, you may wish to consider in advance what sources of support are available if you or your staff should find themselves affected by the content.

Sources of support could include your manager, a colleague, support services within your organisation or specialist organisations such as those listed in these links:

- Local support services in York and North Yorkshire https://www.supportingvictims.org/victim-support-services/
- National support services <a href="https://www.mind.org.uk/information-support/guides-to-support-and-services/abuse/all-types-of-abuse/">https://www.mind.org.uk/information-support/guides-to-support-and-services/abuse/all-types-of-abuse/</a>

Also remember the course does not have to be completed in one sitting as progress is saved each time and undertaking it in stages maybe more manageable.

### Tips for completing the e-learning

- You can take the course on a desktop computer, laptop or tablet.
- The course takes approximately 60 minutes to complete.
- You need to view and click on all the interactive content to complete the course fully.
- You can exit the course at any time and it will save your progress.
- There is a knowledge test at the end of the course which you need to pass. You can resubmit your answers more than once.

### Repeating the course

It is recommended you repeat this course every **3 years or earlier if needed**. The course content will be updated as necessary to take account of local and national policy changes.

If you have completed the previous version of this course (Online Basic Safeguarding Awareness), there is no requirement to complete this new version any earlier than you would normally do so, but you may wish to refresh your knowledge.

#### How do I access the course?

The course is available to access on the <a href="CYSCP Multi-agency training webpage">CYSCP Multi-agency training webpage</a>.

Once you have passed the course, you will be able to access a certificate which indicates you have completed the course. This is a certificate of completion, not a certificate of qualification.

# Safeguarding Children: Working Together A

#### Course aim:

To develop an understanding and awareness of abuse and neglect of children and young people and provide the knowledge and ability to act effectively on concerns about children and young people.

#### **Target audience:**

Aimed at any member of the workforce including volunteers who work regularly with children and young people directly or indirectly.

Staff Groups: 1-8

Health staff: Intercollegiate Guidance Level 2

Police staff: relevant for PCSOs, NPTs and Response roles

### **Delivery:**

In person at City of York Council, West Offices, Station Rise, York, YO1 6GA

#### **Dates and times:**

Please see the <u>CYSCP Multi-agency training courses webpage</u> for up to date information

## Charge:

Free

#### Further course details

Full details including individual course learning objectives and pre-requisite learning are detailed on the MyLO website.

#### How to book

- Bookings can be made via Workforce Development Unit (WDU) at City of York Council at https://york.learningpool.com/ (unless indicated otherwise)
- If you do not already have a <u>MyLO</u> login please follow the instructions on the right hand side of the login screen. If you have any questions about accessing MyLO please email wdu@york.gov.uk
- Multi-agency training allows staff from different organisations to learn together and strengthens understanding amongst partners. To achieve a good multiagency mix at each session, it would be helpful, where an organisation may have numerous staff wanting to attend a course, if attendance could be spread across a number of sessions.
- All courses are free of charge to those working within the City of York.

# Safeguarding Children: Shared Responsibilities and Procedures – Working Together B

#### **Course Aim:**

To develop knowledge, skills and abilities to strengthen effective multi-agency working in York to safeguard and promote the welfare of children and young people.

#### **Target Audience:**

Practitioners and volunteers, in York, who regularly work with children and young people directly or indirectly and have particular responsibilities for safeguarding children.

Staff Groups: 1 - 8

Health staff: Intercollegiate Guidance Level 3

Police staff: Role dependent

Education staff: Designated Safeguarding Leads

#### **Delivery:**

In person at City of York Council, West Offices, Station Rise, York, YO1 6GA

#### **Dates and times:**

Please see the <u>CYSCP Multi-agency training courses webpage</u> for up to date information

#### Charge:

Free

#### **Further course details**

Full details including individual course learning objectives and pre-requisite learning are detailed on the MyLO website.

#### How to book

- Bookings can be made via Workforce Development Unit (WDU) at City of York Council at https://york.learningpool.com/ (unless indicated otherwise)
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- All courses are free of charge to those working within the City of York.

# **CYSCP Themed Training**

To supplement the Core, generalised safeguarding training, CYSCP have developed 'themed' training to allow you to develop an understanding of specific topics.

# CYSCP Capturing the Lived Experience of Pre-verbal Children

#### **Course Aim:**

To provide an understanding of:

- what we mean by 'the voice of the child'
- how we can interpret observations to provide the voice of the child
- how to use the PRESENT Tool to capture the lived experience of pre-verbal children

#### **Delivery:**

This training is available via a short narrated powerpoint presentation which is available on the CYSCP E-Learning Training Portal.

#### Charge:

Free

# **Developing an Understanding of Harmful Sexual Behaviour**

#### Aims of the course are:

- To develop an understanding of harmful sexual behaviour.
- To consider the risks and needs of children who present HSB.
- To share our concerns about the possible impact of working with children who have presented HSB.
- To discuss further involved in identifying HSB.
- To talk about what is considered ok/not ok sexual behaviours.
- To briefly talk about why children engage in these behaviours.
- To inform delegates of the York Youth Justice Service Harmful Sexual Behaviour programme and pathways for support.

An Information pack will be sent prior to training which includes pre-course exercises and information. If you have not received this before the session please contact **Emily Thompson** or **Kate Bryan** 

#### Dates and times:

Please see the <u>CYSCP Multi-agency training courses webpage</u> for up to date information

### Charge:

Free

# **Child Death Review: Advanced Training for Professionals**

The following training is available to York practitioners free of charge. Please note these courses are arranged by North Yorkshire Safeguarding Children Partnership. Booking is made through the link given below and their cancellation and charging policy applies so please ensure you have read the details which can be found at <a href="https://www.safeguardingchildren.co.uk/training-north-yorkshire/training-courses/">https://www.safeguardingchildren.co.uk/training-north-yorkshire/training-courses/</a>

#### **Course Aim:**

- This course covers the different components of the Joint Agency Response in to a child death and the role and responsibilities of different professionals in the process. It provides delegates with the skills to explain to families the purpose of the process, including what will happen to their child. Following the course delegates will understand the role for Child Death Review Process and how they collate and evaluate information for the investigation. They will have an increased knowledge of the nature and cause of unexpected childhood deaths and be able to recognise and respond appropriately to the circumstances surrounding the death of a child.
- Course participants will have personal knowledge and experience in this field and come from a range of agencies including GP's, Hospital and Community Health Staff, Ambulance and Fire Services, Police, Social Care and Education

#### **Targeted Audience:**

Paediatricians, Ambulance Workers, Midwifery, ED Workers, EDT Workers, Police, Education, Social Work Teams, Health Visiting, GPs and Named Nurses

#### Course Type:

Virtual (online)

## Charge:

Free

#### How to book:

Book online using the course code at: https://www.nyestraining.co.uk/Search/child%20death

#### Dates:

Please see the <u>CYSCP Multi-agency training courses webpage</u> for up to date information

## **Domestic Abuse Training**

A programme of free Domestic Abuse training has been jointly commissioned by North Yorkshire County Council and City of York Council. These training courses are specific to professionals working within the North Yorkshire and City of York areas and are being delivered by our commissioned domestic abuse providers IDAS.

#### **Target Audience:**

Professionals working with victims of domestic abuse and their children who work in the City of York and North Yorkshire areas.

#### **Delivery:**

Virtual (online)

#### How to book:

Book online:

https://courses.idas.org.uk/north-yorkshire-and-city-of-york-training/

### Charge:

Free

# Safeguarding Children: Introduction to Child Protection Conferences and Core Groups

This course is under development and will be available from Spring 2024

#### Course Aim:

To improve understanding and skills in working together to protect children and young people through Child Protection Conferences, Child Protection Plans and Core Groups.

#### **Target Audience:**

Practitioners and volunteers, in York, who regularly work with children and young people directly or indirectly and have particular responsibilities for safeguarding children and who anticipate being invited to attend Child Protection Conferences or core group meetings as part of their work.

This course will be beneficial to practitioners who are new to Child Protection Conferences or have not participated recently.

#### **Delivery:**

This training is available via a narrated powerpoint presentation which will be available on the CYSCP website

## Charge:

Free

## **CYSCP PAMIC Tool**

#### **Course Aim:**

- To raise awareness and understanding of how parental /carer mental ill health can impact on parenting
- to explore the impact of parental mental ill health on children
- to introduce the PAMIC tool

#### **Delivery:**

This training is available via a short narrated powerpoint presentation which is available on the CYSCP E-Learning Training Portal.

### **Charge:**

Free

# **CYSCP Private Fostering**

#### Course Aim:

- To provide an introduction to Private Fostering
- Recognise private fostering arrangements
- Understand why private fostering arrangements can present a safeguarding risk
- Describe what to do if you become aware of a private fostering arrangement

#### **Delivery:**

This training is available via a short narrated powerpoint presentation which is available on the <a href="CYSCP E-Learning Training Portal">CYSCP E-Learning Training Portal</a>.

#### Charge:

Free

# **CYSCP Learning Masterclasses**

The CYSCP provide regular 'Learning Masterclass' events which are on a variety of topics. Information regarding these events are promoted via the <u>CYSCP Newsletter</u>.

Where possible, the Learning Masterclass events will be recorded and uploaded to our <u>'Learning and Development'</u> webpage to enable professionals to access at any time.

# **CYSCP Briefings and other learning**

## 7 Point Briefings

CYSCP 7 point briefings disseminate learning from case reviews. In addition to reviewing key learning points, the briefings also identify what is expected to change to prevent similar incidents from happening. They can be found on our <u>Learning and Development</u> webpage.

## **One Minute Guides**

The CYSCP have developed a range on One Minute Guides which contain useful information for professionals and can be downloaded from our <u>One Minute Guides</u> webpage. One Minute Guides are one page documents that provide quick, straight forward information which can be absorbed in the minimum of time.

### **CYSCP Practice Weeks**

The CYSCP provide regular 'Practice week' events which are targeted around a specific theme e.g Adolescent Practice Week, Babies and Infants Practice Week. Information regarding these events are promoted via the <a href="CYSCP Newsletter">CYSCP Newsletter</a>.

# **Training from other partners**

These courses, from a variety of providers, aim to provide practitioners with a basic awareness of the issue concerned. Some require an account to be created, and some may make a charge. Most provide a certificate on successful completion.

City of York Safeguarding Children Partnership does not host, endorse or have any responsibility for these external courses.

# Whole Approach System to addressing Abusive Behaviours - 'Hard to Help' training

North Yorkshire Horizons provide 'Hard to help' training for anyone working in public services in North Yorkshire and York. It is free, easy to book, and will give you confidence in spotting domestic violence and helping perpetrators seek support. Bitesize modules on Mental Health, Drink and Drugs, Dual Diagnosis and Trauma can be added to your training.

The courses are delivered online and additional online resources are available once you have completed the training.

The training is delivered over a 2.5hr sessions split into 3 parts:

- 1) DA awareness, including 'Rurality' to raise awareness of the picture in North Yorkshire
- 2) Getting to know and understand perpetrators
- 3) How to engage perpetrators in support, including using DASH for identified victims Individual workers can book themselves onto the course or team managers can arrange for their whole team to attend: <a href="https://hardtohelp.org/book-training">https://hardtohelp.org/book-training</a>

The Platform features a Core Training Toolkit plus a log in function to allow access to the full training resources library: https://hardtohelp.org/

## Adverse Childhood Experiences (ACE's)

<u>Introduction to Adverse Childhood Experiences Early Trauma online training</u> for practitioners, professionals and volunteers who work with children, young people and families.

This course covers the following topics:

- An introduction to ACES
- Brain Development in Early Years
- The Impact of Childhood Adversity
- Social, Health and Community Impacts of ACEs Early Trauma
- Protective Factors
- Looking at ACEs Through a Trauma Informed Lens
- Building Resilience

## **Animal Welfare in Violent Homes**

This course provided by Virtual College has been developed as a result of significant research findings, which show that "When animals are abused, people are at risk; when people are abused, animals are at risk."

This <u>free safeguarding course</u> has been designed to help frontline staff understand the link between family abuse and animal abuse, and is aimed at all professionals

working with families with pets and will help them to recognise those at risk of physical and mental abuse

# **Anti-Bullying**

Anti-Bullying Alliance provide this <u>suite of training</u> for anyone that works with children and young people. The programme was particularly developed to reduce levels of bullying of disabled children and those with special educational needs (SEN) but applies to all children. It also includes cyberbullying.

## **Children's Mental Health**

Mind-Ed offers a very comprehensive <u>website of online learning packages</u>. There is a universal suite of courses as well as learning paths aimed at those professionals in education, health, social care and child minders.

Topics include self harm, digital risk, learning disabilities amongst many others.

## **Child Sexual Exploitation**



This <u>free 20/30 minute e-learning course</u>, provided by PACE, is an introduction to child sexual exploitation and is for parents and professionals who work alongside children and young people:

- Understand child sexual exploitation
- Find out how to spot the signs
- Know who to report any concerns to

# Disability

Disability Matters is a free e-learning resource for the UK workforce.

It consists of three programmes:

- Disability Matters: all Disability Matters e-learning sessions
- **Disability Matters Learning Packages**: e-learning sessions that have been grouped together to meet particular learning needs.
- Disability Matters Resources: Face-to-face training resource packs

Type 'safeguarding' into the search box to bring up relevant courses

## **Domestic Abuse**



IDAS have provided **Domestic Abuse Basic Awareness training**.

This beginners training course is aimed at individuals in organisations and voluntary groups who work with adults and children or young people, to give a basic awareness of issues surrounding domestic abuse.

Bitesize further courses are also available which are provided by IDAS.

## **Female Genital Mutilation (FGM)**

This <u>course</u>, provided by the Home Office, is useful for anyone who is interested in gaining an overview of FGM, particularly frontline staff in healthcare, police, border force and children's social care.

# **Forced Marriage Awareness**

This <u>online course</u> has been developed with the Forced Marriage Unit of the Foreign Office and aims to raise awareness, challenge perceptions and inform you of the correct actions to take should you suspect someone is at risk. This course is aimed at all professionals who have a responsibility to safeguard vulnerable children, young people and adults at risk and is aimed specifically at child protection services, health professionals, education professionals, police officers, children's social care, adult social care and housing authorities.

# ICON - Babies Cry, You Can Cope



This training is designed to equip you with the knowledge, information and skills that you will need to discuss **ICON: 'Babies cry, you can cope'** with parents and carers.

The training will help you to:

- share the message that crying in babies is normal
- support parents/carers to soothe their baby
- support parents to cope with a baby's crying
- understand more about Abusive Head Trauma

understand it is a form of child abuse

This **training** is provided by ICON/York Teaching Hospitals NHS Foundation Trust.

# Identifying and responding to intra-familial child sexual abuse



The CSA Centres new, short, introductory eLearning course on <u>Identifying and responding to intra-familial child sexual abuse</u> is designed to help those in social work, policing, education, healthcare and beyond to recognise when children might be showing them that something is wrong and understand how to help.

The course is designed for anyone working with children to understand what intrafamilial child sexual abuse is, provide guidance on how to identify concerns and build knowledge and confidence in how to respond to support both children and their wider family.

Victims and survivors of intra-familial child sexual abuse can and do recover from their abuse, especially when supported by professionals who show care and compassion, facilitate choice, control and safety, and are trained to best support them and their wider families.

The introductory course takes just 90 minutes to complete, is entirely free and consists of three engaging modules, with interactive tasks, video explainers and a final assessment. It's designed for professionals at all stages of their career; for those new to safeguarding, or as a helpful refresher.

# Listen up, Speak up

# **NSPCC**

Half a million children suffer abuse and neglect a year in the UK. But there's something we can all do to change that.

NSPCC are encouraging every adult in the UK to take their 10-minute digital training.

Listen up and learn a little with their Connect the DOTS training. It will show you where to go if you need support, and how to speak up for children who need it. Because that little bit of knowledge can help keep a lot of children safe.

## **MAPPA**

This <u>MAPPA Training</u>, which is provided by the Probation Service, will support those who attend Multi Agency Public Protection Arrangements (MAPPA) meetings and anyone who works with violent or sexual offenders to raise individual awareness of Multi Agency Public Protection Arrangements, practice guidance and policy. It aims to help professionals consider the appropriateness of MAPPA in assisting the management of those risks posed by an individual to the public, known adult, children, staff and prisoners.

## **Modern Slavery**

This <u>online resource</u> provides an overview of the issue of modern slavery. It is aimed at helping all frontline healthcare staff recognise the signs that someone has been trafficked, and to take appropriate action with confidence.

## **PREVENT Awareness**

This <u>online training</u>, provided by the Home Office, offers an introduction to the Prevent duty, and explains how it aims to safeguard vulnerable people from being radicalised to supporting terrorism or becoming terrorists themselves.

## **PREVENT Channel Process**

This <u>training package</u>, provided by the Home Office, is for anyone who may be asked to contribute to, sit on, or even run a Channel Panel. It is aimed at all levels, from a professional asked to input and attend for the first time, to a member of staff new to their role and organising a panel meeting.

## **PREVENT Referrals**

This <u>package</u>, provided by the Home Office, builds on the Prevent awareness elearning training. It is designed to make sure that when we share a concern that a vulnerable individual may be being radicalised, that the referral is robust, informed and with good intention, and that the response to that concern is considered, and proportionate.

## Safeguarding Children with SEND

# **NSPCC**

NSPCC run this introductory <u>course</u> for school/education staff who work with children who have special educational needs and disabilities (SEND) and additional needs. Adults who work with children and young people with SEND should be aware of the additional needs children may have that could mean they are more vulnerable to abuse and/or less able to speak out if something isn't right. There is a £25 charge for this course.

## **Suicide Prevention**

**Zero Suicide Alliance** provides both Gateway and Advanced training.

**Gateway**: An introduction to suicide prevention where you will learn how to approach and help someone who you think may be considering taking their own life.

**Advanced:** A more in depth suicide prevention training session which aims to give you the life-saving skills and confidence to help someone who may be considering suicide.